

To-Shin Do Bojutsu Long Staff Shoden Kata 4-DVD Set

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Product ID: SKH0006

Manufacturer: SKH Quest Center

Availability: 140,00 EUR

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Japan's Sengoku Age of Warring States 6' long-staff combat methods drawn from historical Kuki mountain warrior family - Kuji no Bo "9 Mystical Letters" fighting katas teach how to use an enemy's thinking to confuse him - give him what he expects as a way to set him up for defeat by suddenly going where he does not expect - advanced level fighting for an enemy who is too strong or skilled, and you sense that your kihon basic bo attacks and defenses are not enough for such a formidable fighter.

- DVD Disk 1 To-Shin Do Bojutsu Shoden Kuji no Bo 1 classical kata and contemporary unarmed adaptation
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- DVD Disk 2 To-Shin Do Bojutsu Shoden Kuji no Bo 3 classical kata and contemporary unarmed adaptation
- To-Shin Do Bojutsu Shoden Kuji no Bo 4 classical kata and contemporary unarmed adaptation
- DVD Disk 3 To-Shin Do Bojutsu Shoden Kuji no Bo 5 classical kata and contemporary unarmed adaptation
- To-Shin Do Bojutsu Shoden Kuji no Bo 6 classical kata and contemporary unarmed adaptation
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- DVD Disk 4 To-Shin Do Bojutsu Shoden Kuji no Bo 8 classical kata and contemporary unarmed adaptation
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