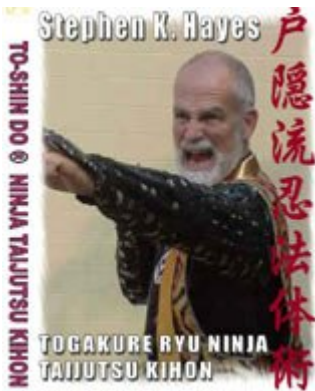


Ninja Taijutsu Unarmed Combat Kihon Fundamentals

Category:



Product ID: SKH0001

Manufacturer: SKH Quest Center

Price: 49.00 EUR

Availability: In stock

[See it in our store.](#)

TOGAKURE RYU NIN-PO TAIJUTSU KIHON is a 80 minute DVD video home-training long-distance learning program full of exercises, insights, and instructions for passing the test for Kihon Fundamentals diploma licensing in the martial art of ninpo taijutsu unarmed combat technique taught in Stephen K. Hayes' martial art of To-Shin Do. This one-of-a-kind DVD covers techniques and tactics for developing the kind of skill for which the ninja invisible warriors of Japan became legends.

NINPO TAIJUTSU DVD

- Nine Fighting Postures
- Sixteen Fists Striking Drills
- Fundamental Breakfalls
- Kihon Happo Fundamental Clashes
- Mental Focus
- How to take your test

Product parameters:

- Qty.: 1 DVD